

KYNETON 2011 SWIMATHON RULES & ENTRY FORM
Midday Saturday 3 December – Midday Sunday 4 December
Each participant must read and sign

All potential participants should familiarize themselves with the rules of the Swimathon and facility prior to commencing the event. Parents or guardians of participating children aged under 16 years must also familiarize themselves with these rules and ensure their children are also aware of them.

1. All participants and spectators must adhere to the facility rules at all times.
2. All Swimathon swimmers must complete a registration form before they enter the pool. Participants under the age of 16 years must have their parent/guardian sign a registration form on their behalf.
3. The event is open to all accomplished swimmers, and it is the swimmers responsibility to secure sponsorship for the number of laps they swim.
4. Teams are permitted providing the sponsorship entry form is appropriately completed indicating all details of each team member.
5. Entry to the pool will be at the shallow end and no diving is permitted.
6. The event will begin at midday on Saturday and will cease at midday on Sunday.
7. Any swimmer who is at any stage of swimming the final two laps to end at the shallow end of the pool prior to the scheduled event cessation time will be allowed to complete those laps for inclusion in the count.
8. Eating or drinking in the pool is not permitted.
9. Participants may not take substances designed to delay sleep. Any participant found using such a substance will be disqualified and all completed laps deemed to be void.
10. A 'lap' for this event is defined as one 25 metre length swim of the pool.
11. Swimmers may use any stroke and may touch the bottom of the pool at any time.
12. Swimmers may leave the water at any time and all completed laps over the 24 hours will be counted but partial laps will not be counted.
13. Junior swimmers aged under 16 years of age must be supervised by a parent or a nominated adult at all times whilst participating in the event, and may only stay overnight at the pool with a supervising adult in attendance.
14. Swimmers may wish to sleep at the KSAC facility during the night, and may place sleeping bag only in the designated areas.
15. Any swimmers planning to swim a large number of laps of 200 or more should make their plans known to the Swimathon Director.
16. Any swimmer planning on swimming 500 laps or more must provide a clearance letter from a medical practitioner stating they are of good health and have no pre-existing injuries/inflictions that may place them at risk.
17. It is strongly recommended that swimmers intending doing a long distance need to be prepared by having at their disposal plenty of energy foods, suitable bathers and petroleum jelly (to limit chaffing & rubbing), drink bottles with sports drinks, plenty of towels, and warm clothes.
18. Long distance swimmers (200 laps or more) should also have a minder/lap counter to guide and make decisions for them if necessary, as well as ensuring the swimmers in their charge drink regularly, eat, and rest.
19. The Swimathon Director or their delegate has the discretion to terminate or call for a temporary cessation of the event at any stage over the 24 hour period in the interest of safety to all swimmers.
20. The facility Manager or their delegate reserves the right to terminate the event and/or remove, disqualify, eject or force a rest break for any or all swimmers and/or spectators at their discretion.

David Sprigg
Swimathon Director
Kyneton Amateur Swimming Club Inc.
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SWIMathon entry declaration

1. I, the undersigned making this declaration in consideration of and as a condition of the acceptance of my entry do hereby for myself, heirs executors and administrators waive all and any rights claims or cause action which I or they may otherwise have arising out of loss damage or injury which I may sustain in the course of or arising out of my entry or participation in the said event.
2. I hereby and forever release, discharge, indemnify and hold harmless Kyneton Amateur Swimming Club and Macedon Ranges Shire Council and its servants and agents for any accidents, harm, loss and damage which my child may suffer and or sustain in any way connected to the program.
3. I am aware that the program, in addition to usual dangers and risk inherent, has certain additional dangers and risk some of which may include:
 - a. **Physical exertion** for which I/my child may not be prepared
 - b. **Aquatic environment** due to the nature of the activity
4. I authorize staff, in the event of an accident or illness, to obtain all necessary medical assistance and treatment for me/my child.
5. In the event of me/my child requiring medical attention I understand that council staff will endeavour to communicate with me concerning the required action although if I am unable to be contacted, or, the illness/incident requires immediate attention then I authorize appropriate action to be taken.
6. I attest and verify that I am physically fit and have trained for this event.
7. I agree to be bound by the official rules and regulations of this event.
8. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the event.
9. I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the event and its related activities. Kyneton Amateur Swimming Club and the Kyneton Toyota Sports & Aquatic Centre or any other sponsors of the event or any of their agents and servants, shall have no liability for any loss or damage occurring to any items of clothing, footwear, jewellery or other personal effects of participants placed in the custody of the club in relation to the conduct of this event.
10. I hereby give my consent to the use of my images for Kyneton Amateur Swimming Club and Macedon Ranges Shire Council promotional activities.

Name _____ Team Name _____

Address _____

Date of birth _____ Email _____

Emergency contact details: a) Name _____

b) Telephone _____

Signature _____ Date _____

Declaration to be signed by parent or legal guardian if aged under 16 years of age on the day of the event.

I verify that I am the Parent/Guardian of _____ who will be ____ years of age on the starting day of the event and that she/he has trained for and has consent to swim in the event.

Signed _____ Date _____