

# KYNETON AMATEUR SWIMMING CLUB INC.

## NEWSLETTER



October-November 2007

[www.kynetonswimming.org.au](http://www.kynetonswimming.org.au)

KASC is affiliated with Swimming Victoria Incorporated and is a member of Central Victoria Swimming Incorporated (Swimming Victoria District 15). Other CVS clubs are Bendigo, Bendigo East, Castlemaine, Eaglehawk, Echuca, Gisborne, Kangaroo Flat, Maryborough, Rochester, South Gisborne, and Tongala. Social activities as well as competitive swimming meets are key elements of our annual club activities.

### Club season starts Sunday 2 December 2007:

**The Kyneton Amateur Swimming Club's 2007/8 summer season will commence at the Kyneton pool 10:00am Sunday 2 December. This first session will be followed by a sausage sizzle, and all interested members of the public are invited to join in.**

As from 2 December, the Club's swimming sessions will be held Monday to Friday from 5:50pm to 6:50pm, and on Sundays from 10:00am to midday.

**Special training sessions with instructors** will be held Tuesdays and Thursdays 5:50-6:50pm. This year Simon Glover with assistance from Wagin Anstey-Sprigg will take charge of these special sessions. The sessions will focus on developing stroke techniques for young swimmers capable of swimming at least three continuous laps of the Kyneton pool unaided.

**Selected training sessions will feature scratch and handicap swimming trials** throughout the season for both fun and competition preparation. These sessions will consist of two Scratch races and one Handicap race, and will be held between 11:00am and Midday on the 16 & 30 December, 13 & 27 January, and 10 February. Age categories are Under 8, Under 10, Under 12, Under 14, Under 16, Open and Golden Oldies. Groupings for age sections will apply based on entry times.

**Membership details** available from the Club's Membership Registrar Sharon Bird, 5422 3476.

### Club President's 'start-of-season' message:

The swimming season is upon us. Subject to getting water and no mechanical failures with pumps, the Kyneton pool opens on Saturday 1 December. Our first swimming session for the season commences on Sunday 2 December from 10 to 12. This will be our Club registration event and will include a sausage sizzle from 11:45. So come along, even if you don't swim.

A condition of membership is an annual pass. Please refer to this newsletter for further information on membership fees. We have been discussing pool access with the Macedon Ranges Shire Council (MRSC) and have access Monday to Friday nights from 5:50 to 6:50 and Sunday mornings; 10 till 12. The ten minute change in times during weekdays is to allow paid pool staff to leave by 7:00. This is important for MRSC, and also for us!! We've also trained up some members for Bronze Medallion qualification to assist the lifeguards. It is very important to work in with the MRSC pool operators to maintain our access and prepare for the new pool!

We would love to get more of our swimmers involved in representing the club at district competitions. So, every second Sunday, we will have our own competition. It will include two scratch races in different strokes and a handicap race. The first club competition will be on Sunday 16 December at 11 am till 12. There will be more details later! However, our regular lap swimmers need to remember that every second Sunday, laps are from 10 to 11, then races from 11 till 12. This will be good preparation for the Club Championships and will have special awards at the Club Presentation night. We hope every member gets involved in the races, especially having a go at the handicap events! After each club race meet, there will be a sausage sizzle.

We're very keen on supporting our Ocean swimmers and will include awards this year for Ocean competitors. Also, we're planning a pizza night, an Ocean race BBQ at and a Bring a Friend day to one of our club meets.

Here's to a great season. Hope to see you at the pool soon.

Gerard Noonan  
KASC President

## Membership fees:

	Club fee	Swim. Vic. fee	Total
	\$	\$	\$
Registered competition swimmers	25.00	57.50	82.50
Non-competitor swimmers	25.00	20.00	45.00
Learn-to-swim	25.00	25.00	50.00

Note: The Club does not provide learn-to-swim sessions. Young swimmers unable to complete three laps continuously of the Kyneton pool are welcome to join, but involvement in club sessions must be directly supervised by their parent or guardian and use the designated area of the pool.

## Do you have email?

In a bid to keep costs down, KASC will use email as a means of communication wherever possible to members. Please advise the newsletter coordinator David Sprigg of your email address. David's email address is [david.sprigg@bendigoweb.com](mailto:david.sprigg@bendigoweb.com).

## Club Web Site: [www.kynetonswimming.org.au](http://www.kynetonswimming.org.au)

Visit our website to find out further information about the Club and its activities.

## Competitions and club events coming up:

Details can be downloaded via [www.swimmingvictoria.org.au/events](http://www.swimmingvictoria.org.au/events)

- 7 October – Echuca Swim Meet, Echuca Pool (8:30 warm-up for 9:30 start).\*
- 13 October – Ballarat Top Five short course series #4, Ballarat Aquatic Centre (3:00pm warm up for 4:00pm start).
- 20-21 October – Eaglehawk Distance Meet, Eaglehawk Swimming Pool.\*
- 11 November – Bendigo East Swimming Club, Bendigo East Pool.\*
- 17 November – Country 7-10 Encouragement Meet, MSAC.
- 1-2 December – December Competition, MSAC.
- 2 December – Kyneton Amateur Swimming Club's training sessions begin at Kyneton Pool**
- 2 December – Echuca Swim Meet, Echuca Swimming Pool.\*
- 8-9 December – December Competition, MSAC.
- 16 December – Bendigo Spring Carnival, Bendigo Aquatic Centre (Barnard Street).\*
- 16 December – KASC Club Competition** – Scratch: freestyle & backstroke. Handicap: freestyle.
- 30 December – KASC Club Competition** – Scratch: backstroke and butterfly. Handicap: BBB.
- 1-15 January – Victoria Age (13-18) Championships, MSAC.
- 4-8 January – Victoria SWD and 12 and Under Championships, MSAC
- 13 January – KASC Club Competition** – Scratch: breaststroke and freestyle. Handicap: freestyle.
- 20 January – Rochester Annual Swim Meet, handicap and scratch races.\*
- 25-27 January – Country Victoria Championships, Portland, qualifying times apply.
- 27 January – KASC Club Competition** – Scratch: butterfly and breaststroke. Handicap: BBB.
- 3 February – Central Victoria Swimming District 15 Championships, qualifying times apply.
- 9-10 February – Victoria Sprint Championships, MSAC, qualifying times apply.
- 10 February – KASC Club Competition** – Scratch: individual medley and assisted-freestyle. Handicap: freestyle.
- 10 February – Castlemaine Annual Swim Meet, Castlemaine.\*
- 16 February – SV All Junior Qualifying Meet and Proficiency.
- 17 February – Kangaroo Flat Annual Swim Meet, Kangaroo Flat.\*
- 24 February – Maryborough Annual Swim Meet, Maryborough outdoor pool.\*
- 24 February – Kyneton Swimming Club Championships, Kyneton. (Date to be confirmed).**
- 1 March – Country Inter-district, MSAC. Qualifying times apply.
- 3 March – Tongala Annual Swim Meet, Tongala.\*
- 9 March – Eaglehawk Annual Swim Meet, Eaglehawk.\*
- 14 March – KASC Club Presentation Night**
- 29-30 March – Country All Junior Semi Finals and Finals, MSAC, qualifying times apply.
- 13 May – KASC Annual General Meeting**

(Some dates may change for reasons beyond the control of KASC)

**Green Swimming Victoria entry forms used for meets noted \*.**

**Check with KASC Entry Coordinator Sharon Bird 5422 3476, for all district swim meet entries, or write to Sharon c/- KASC, P.O. Box 528, Kyneton Vic 3444.**

## Club Contacts:

<b>President:</b>	<b>Gerard Noonan</b>	<b>5423 2235</b>
<b>Vice President:</b>	<b>Kathy Francis</b>	<b>5422 6216</b>
<b>Secretary:</b>	<b>Simon Glover</b>	<b>5422 6257</b>
<b>Treasurer:</b>	<b>Sharon Bird</b>	<b>5422 3476</b>
<b>Newsletter and history:</b>	<b>David Sprigg</b>	<b>5422 6230</b>
<b>Membership Registrar/Competition Coordinator:</b>	<b>Sharon Bird</b>	<b>5422 3476</b>
<b>Grievance Officer:</b>	<b>Ian Delacy</b>	<b>5423 4175</b>

Correspondence: KASC, P.O. Box 528, Kyneton, Vic. 3444